



## The Network of Enterprising Women Newsletter



February 2006  
Next Meeting: February 2, 2006  
Member Spotlight: [Diana Donald of Two Sisters](#)

Dear Members:

February is “Heart Month,” a time to show those you love and care about how much they mean to you, a time to reach out and touch those whose lives may not be as enriching as yours, and a time to take care of your heart!

The American Heart Association’s **Go Red For Women** is a nationwide movement celebrating the energy, passion and power we have as women to band together and wipe out heart disease – women’s No. 1 killer. As part of this campaign to raise women’s awareness of cardiovascular disease, the American Heart Association has designated February 3, 2006 as **National Wear Red Day for Women**.

Our Luncheon this month will be on February 2, and it is my hope that N.E.W. can have its own **Wear Red Day for Women** one day early! Please join me in participating in this effort by wearing red to our meeting! Wear your favorite red clothes or accessory – a red blouse, a red dress, a red scarf, red lipstick, or carry your favorite red handbag; show some heart for heart disease prevention.

I encourage you to visit the American Heart Association’s website at [www.americanheart.org](http://www.americanheart.org) and help spread the **Go Red for Women** message – Love your heart.

### N.E.W. Mission Statement

**Our mission is to create and provide a supportive environment for all members, which will foster and enhance their productivity, effectiveness, creativity, self-expression and accomplishment in their respective fields. We shall also tap into the talent, knowledge and skill of the membership and through action will make a difference in the community through group projects and valuable contributions. We strive to build the name and reputation of N.E.W. and its members are respected business organizations enhancing both the community and**

the quality of life in the Greater Richmond Area.

**NEW is very excited to introduce the following new members  
for  
December and January**

**Nancy Rudolph  
Susan Pahle  
Shela Dean  
Debbie Stocks  
Sarah Cole  
Martha Giegold  
Diana Donald  
Sheron Nicodemus  
Linda Cozad  
Pat Avery  
Linda Ruth**

**Please join me in welcoming them at the next meeting.**

**Don't forget to invite your friends to lunch and let them experience a tremendous group of women.**

**Please call Margaret Hill, Membership Chairman at 365-4565 or [mhill@hcps.us](mailto:mhill@hcps.us) for additional information**



**Presentation of check to Hilliard House.**

## CONGRATUALTIONS

### N.E.W. Members!

This month we had an outstanding response to a new feature for our monthly newsletter, called “NOISEMAKERS!”

Please take time to read about your fellow N.E.W. members.

## NOISEMAKERS

### Noisemakers

I wish to “toot the horns” of the following N.E.W. members:

Barbara Basl – for making the Woman 2 Woman photos memorable;

Debbie Bowie – for always listening to me;

Sarah Cole – for making “payroll” look easy;

Maggi Collins – for making me look good;

Rebecca Costanzo – for reminding me what it’s like to be young and motivated;

Anne Cowdrey – for her encouragement and referrals;

Mary Fender – for her artistic talent and patience;

Susie Galvez – for her friendship, beauty and having the best name;

Margaret Hill – for her creativity and humor;

Diana Thompson – for her smile and Chinese food;

Janice Logue – for realizing I could help her get and stay organized;

Leona Martin – for making website maintenance easy;

Barbara Nordblom – for her wonderful conversations on the way to board meetings;

Janine Orr – for being my first client;

Mary Petres – for her willingness to learn new skills and share responsibilities;

Mary Piotrowski – for her time and patience in helping us operate more efficiently;

Marsha Preston – for always being a “lady;”

Chris Rich – for finding me useful promotional gifts that don’t contribute to clutter;

Barb Satterwhite – for taking the database bull by its horns;

Monica Smith – for her charm and wit;

Terry Sherman – for her sweet and thoughtful ways;

Shirley Wagner – for founding N.E.W. and supporting its growth;

Ilyse Johnson – for being a calm Past President;

Sincerely  
Susi Hayman

---

KUDO's to Rhoda Hewitt for arranging a wonderful Hawaiian vacation for my family and me! Every detail was addressed before we ever left Richmond, and there were no snafus the entire trip! Rhoda did a great job getting me a package that fit our budget and was just the right balance of structure and free time. I highly recommend calling Rhoda for any of your vacation planning -- She will take great care of you and make your trip a great experience! Thanks Rhoda and Aloooooooha!

Ilyse Johnson

---

I met Diana (Diane Jordon Thompson) many years ago when she became our business’s health insurance agent. We became friends and she introduced me to the N.E.W. as a way for me to meet new friends and promote my Weekenders business. Diana has not only helped me in my business by hosting several presentations, but she has also become my hero. She has handled her recent illness and recovery with grace, dignity and a wonderful sense of humor. She is an inspiration to all who know her and I feel lucky to have given the privilege of being her friend.

Marsha Preston

---

For the past two years, Zoom Printing has done an excellent job printing our annual Duck Race posters. I would highly recommend their printing services...JoAnn Rossi is wonderful to work with!

Nancy A. Nietman

Director of Donor Services and Duck Race Coordinator

Big Brothers Big Sisters Services, Inc.

---

I want to sing the praises of Leona Martin. She has been providing me administrative services since 8/04.

Words can’t describe what a gift she has been to me and my business. With minimal instruction she has taken over the bookkeeping for my business, my husband’s business and out personal finances. She is so level headed, a great problem solver, and VERY organized.

She has no qualms about taking on insurance companies that keep making errors. And, she is completely very respectful of our privacy. I trust her completely with very personal information. Besides being a lifesaver for me (giving me the chance to have weekends again!), I have referred her to numerous clients who have also benefited from her calm, can-do attitude. My husband, Bob, and his counseling colleagues have also benefited from her services. She has begun doing insurance billing for them. And, Bob has referred her to his clients. And, besides all this other wonderful stuff, she is a delightful person to have in my home. She is good feng shui! I am so grateful for Leona!

Debbie Bowie, MA, MS  
Simply Organized

---

Mary Fender – thanks for the great framing job on my son’s diploma – and good luck in your new venture!

Maggi Collins – your professional photography skills are

sure to make my new marketing materials shine!

Alicia Wilson – thanks to you and MK for helping me maintain a professional image!

Rhoda Hewit – my family had a wonderful Windjammer sailing cruise through Aruba, Bonaire, and Curacao this summer – thanks for making all the

arrangements such smooth sailing!

Mary Petres – your spring open house was a delightful afternoon – the “hog on the Harley” was by far the best closing gift I gave to any of my clients all

year!

*Faith Greenwood*

Long and Foster Realtors

---

Have you recently patronized a member’s business? Has a member recently shopped at your store? Here’s where we can “toot each others’ horns” with Kudos, Referrals, Thanks-you’s and public Pats-on-the-Back! Let’s let each other know about the great service or merchandise found right here in N.E.W. and encourage others to do the same.

To submit a NOISEMAKER, simply send an e-mail to:  
editor@networkofenterprisingwomen.org or email mary@manchestergarden.com  
and we’ll shout it out in the next newsletter!

## **Announcements**

Susan Campbell, President of Moving Made Easy, Inc. (a senior move management company) and Susan's Selections (an estate and consignment sales company) was elected Vice President of the Board of Directors of the National Association of Senior Move Managers.

## FEBRUARY BIRTHDAYS

**Happy Birthday to**

**Linda Ryder 2<sup>nd</sup>**

**Marsha Preston 3<sup>rd</sup>**

**Nancy Nietman 14<sup>th</sup>**

**Debbie Bowie 21<sup>st</sup>**

**Sandra McGee 28<sup>th</sup>**

## ADVERTISEMENTS

**E C C O C I**

**A NEW PERSPECTIVE ON FASHION**  
**Every Woman's Fantasy of How She Wants To Feel...**  
**Easy, Confident, Comfortable**

**NANCY RUDOLPH-Fashion Consultant Home 379-5756**

---

### LIVE CELL MICROSCOPY & NUTRITION CLINIC

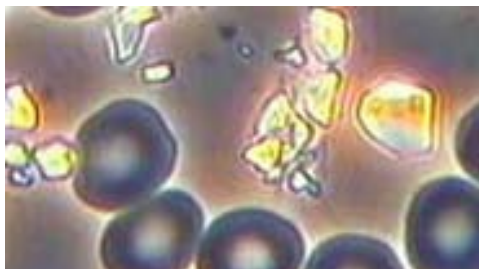
**Hosted by the Richmond Wellness Center**

#### **Ted Aloisio, Certified Nutritional Microscopist**

Noted lecturer and researcher Ted Aloisio has recently authored '*Blood Never Lies.*'

Considered by many to be the foremost authority on the practical application of live-cell microscopy, he has performed over 10 000 nutritional assessments. He is the Director of Veritas Health Institute in Toronto and is the founder of the Microscopy Referral Network

You can literally see first-hand evidence of your:



- **Nutritional balance**

- Digestive efficiency
- Immune function
- Energy level
- Stress damage
- Acid-Alkaline balance
- Supplement effectiveness

Your live blood cell demonstration involves placing a drop of blood (from your fingertip) under a microscope that is connected to a TV or monitor that you can see.

Observing the characteristics and activities of the cells and elements of your blood provides a clear, graphic, live picture of your state of health and plays a preventative role by revealing pre-symptomatic imbalances. A summary of findings is provided with recommendations for correcting imbalances and enhancing wellness and performance.

**TESTING:** Sunday, January 29th 10am-6pm

**Testing Fees Per Person:** \$45 Team Richmond Members  
 \$50.00 non-member Wellness  
 Consultants & Guests

Where: Comfort Inn 3200 West Broad St. (check at desk for room #)

**SPECIAL INSTRUCTIONS:**

1. Advanced registration & payment required.
2. Bring a blank videocassette (or purchase 1 for \$1 at time of testing) to record your blood sample for future comparison

***SPACE LIMITED***

To register contact Barb Satterwhite 804/355-8572;  
 barb.satterwhite@verizon.net

To confirm reservations mail checks payable to Team Richmond to:

Barb Satterwhite 4504 Monument Ave. Richmond VA 23230

# GENERAL INFORMATION

Mailing Address for The Network of Enterprising Women  
P.O. Box 8584  
Richmond, VA 23226  
Mail directory changes/edits here.

---

Would you like to host a social, trunk show, or a special event at your home or office?

Contact: Marsha Preston  
H- 559-1113 or W- 746-4544 or  
Monica Smith: 303-7772

---

## Monthly Treasury Report

Treasury Balance: Update will be given

At monthly meeting

Full report available upon  
request.

Contact Terry Sherman

---

## RWBC Corner

---

The information included in this newsletter has been submitted members of The Network of Enterprising Women (N.E.W.) The volunteer Board Members, Newsletter Editor, and N.E.W. disclaim any liability and/or warranty regarding the content included herein.

## N.E.W. INFORMATION AND REMINDERS FOR MEMBERS

### Newsletter information:

Send to [neweditor@networkofenterprisingwomen.org](mailto:neweditor@networkofenterprisingwomen.org)

prior to the 20th of each month for inclusion in the following month's newsletter

### Updates to the Directory:

Send information to [info@networkofenterprisingwomen.org](mailto:info@networkofenterprisingwomen.org)

### Information for e-mail blasts and notices of upcoming events

Send to Barb Satterwhite at [info@networkofenterprisingwomen.org](mailto:info@networkofenterprisingwomen.org)

### Auction Items

If you wish to donate an auction item, contact Barb Nordblom at [barbaranordblom@sehousa.com](mailto:barbaranordblom@sehousa.com).

### Advertising

When sending ads for the N.E.W. newsletter, please make sure ads with graphics are put in a .jpg format.

Ads are to be sent to

[neweditor@networkofenterprisingwomen.org](mailto:neweditor@networkofenterprisingwomen.org)

**Luncheon Registration**

Make your reservation by sending an e-mail to [registration@networkofenterprisingwomen.org](mailto:registration@networkofenterprisingwomen.org) or call Barbara Satterwhite at 355-8572.

The cost is \$20 for members; please make your check payable to N.E.W. and bring with you to the luncheon. As always, you are encouraged to bring guests. You may register guests when you register yourself, or guests may register themselves, giving The member's name. The luncheon fee for guest is \$25.

Due to our financial commitment to the Jefferson, any "no-show" will be responsible for paying the luncheon fee.